

JANUARY LUNCH

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

- Vegetable of the day

Chef reserves the right to change menu for seasonality and new menu innovation.

revolution foods.

MONDAY

6

13

20

27

TUESDAY

7

- crispy chicken sandwich (df)
- buffalo chicken wrap

○ kidney beans, edamame, carrot, corn & steamed corn

14

- bbq beef rib sandwich (df)
- cheese enchilada plate (v)
- honey mustard chicken wrap
- sesame chicken salad

○ blanched broccoli with ranch (chilled) & coleslaw

21

- bbq chicken drumstick w/ cheesy rice
- bean & cheese burrito (v)
- sesame chicken salad
- buffalo chicken wrap

○ sliced cucumber with ranch & corn

28

- meatless "philly cheesesteak" calzoni (v)
- honey mustard chicken wrap

○ garbanzo, edamame, & shredded carrots & green peas

WEDNESDAY

1

8

- pepperoni pizza
- taco dippers kit (v)

○ steamed carrots

15

- cheese pizza (v)
- buffalo chicken wrap

○ baby carrots & warm pinto beans

22

- chicken teriyaki (df)
- turkey & cheddar sandwich

○ garbanzo, edamame, & shredded carrots

29

- red chile chicken tamale
- chicken salad sandwich (df)

○ blanched broccoli with ranch (chilled)

THURSDAY

2 No School

9

- beef cheeseburger
- bean & cheese pupusa (v)
- garden ranch salad with chicken

● dairy free by request: chicken salad sandwich

○ lettuce & tomatoes with ranch

16

- cheesy ravioli (v)
- ham & cheese sandwich

○ green peas

23

- beef cheeseburger
- pancakes & omelet (v)
- chicken pesto pasta salad

○ lettuce & tomatoes

30

- bbq beef rib sandwich (df)
- bean & cheese pupusa (v)
- mighty meaty deli combo sandwich

○ coleslaw

FRIDAY

3 No School

10

- meatless "philly cheesesteak" calzoni (v)
- orange chicken (df)
- chicken salad sandwich (df)

○ seasoned green beans (chilled)

17

- green chile & cheese tamale (v)
- sesame chicken wrap (df)

○ steamed carrots

24

- chicken taco trio
- cheese pizza panada pie (v)
- garden ranch salad with chicken

○ steamed carrots

31

- pasta with zesty beef
- spaghetti marinara (v)
- buffalo chicken wrap

○ orangy carrots