

DECEMBER LUNCH

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

Chef reserves the right to change menu for seasonality and new menu innovation.

revolution foods.

MONDAY

2

9

16

23

30

TUESDAY

3 • beef & bean burrito (df)
• spaghetti & meatballs (df)
Chicken Caesar Wrap

o blanched broccoli (chilled) & lemon pepper corn

10 • crispy chicken sandwich (df)
• buffalo chicken wrap

o garbanzo, edamame, & shredded carrots & corn

17 • oven roasted chicken sandwich (df)
• cheese enchilada plate (v)

• sesame chicken salad

o blanched broccoli with ranch (chilled) & coleslaw

24

31

WEDNESDAY

4 • red chile chicken tamale
• cheese pizza (v)
Chicken Salad Sub Sandwich

o baby carrots with ranch

11 • pepperoni pizza
• mac & cheese and chicken sausages
Chicken Salad Sub Sandwich

o steamed carrots

18 • cheesy ravioli (v)

• buffalo chicken wrap

o baby carrots & warm pinto beans

25

THURSDAY

5 • the revolution dog (df)
• meatless "sausage" calzoni (v)
BBQ Chicken Wrap

o lemon pepper green beans

12 • beef cheeseburger

• cheddar cheese sandwich (v)

o lettuce & tomatoes with ranch

19 • the revolution dog (df)
• ham & cheese sandwich

o green peas

26

FRIDAY

6 • cheesy chicken & salsa nacho dip

Veggie Chef Salad

o kidney beans, edamame, carrot, corn

13 • meatless "philly cheesesteak" calzoni (v)
• bean & cheese pupusa (v)

• sesame chicken wrap (df)

o coleslaw

20 • pancakes & omelet (v)
• green chile & cheese tamale (v)
• sesame chicken wrap (df)

o steamed carrots

27