

FEBRUARY LUNCH

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

Chef reserves the right to change menu for seasonality and new menu innovation.

revolution foods.

MONDAY

3

10

17

24

TUESDAY

4

- soyrito burrito (df)
- oven roasted chicken sandwich

○ seasoned kidney beans (chilled)

11

- bbq beef rib sandwich (df)
- cheese enchilada plate (v)

○ blanched broccoli with ranch (chilled)

18

Chicken Drumstick

- bean and cheese burrito (v)

○ seasoned green beans (chilled)

25

- meatless "philly cheesesteak" calzoni (v)
- chicken Chilaquiles with scoops

○ seasoned kidney beans (chilled)

WEDNESDAY

5

- pepperoni pizza
- chicken chilaquiles

○ steamed carrots

12

- beef & bean burrito (df)
- cheese pizza (v)

○ warm pinto beans

19

- pepperoni pizza

Veggie Pizza

○ warm pinto beans

26

Chicken Tamale with Rice

- cheese pizza (v)

○ blanched broccoli with ranch (chilled)

THURSDAY

6

- beef cheeseburger
- bean & cheese pupusa (v)

○ lettuce & tomatoes with ranch

13

Hot Dog

Creamy Tomato Curry w/ Grilled Chicken Bites

○ green peas

20

- beef cheeseburger
- chicken pesto pasta salad

○ lettuce & tomatoes with ranch

27

- smothered beef burrito
- mighty meaty deli combo sandwich

○ coleslaw

FRIDAY

7

- meatless "philly cheesesteak" calzoni (v)
- orange chicken (df)

○ seasoned green beans (chilled)

14

21

- pancakes & omelet (v)
- chorizo & cheese "eggel" (egg & baqel sandwich)

○ steamed carrots

28

Greek Garbanzo Flatbread Sandwich

- spaghetti marinara (v)
- turkey & cheddar sandwich

○ steamed carrots