

NOVEMBER LUNCH

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

Chef reserves the right to change menu for seasonality and new menu innovation.

revolution foods.

MONDAY

- 2**
- orange chicken
 - honey mustard chicken wrap
 - o Fresh Fruit

- 9**
- beef & beans burrito
 - chicken salad sub
 - o Fresh Fruit

- 16**
- chicken corn dog bites
 - sesame chicken wrap
 - o fresh fruit

- 23**

- 30**
- honey mustard chicken wrap
 - o Fresh Fruit

TUESDAY

- 3**
- chicken corn bites
 - deli combo sandwich w/turkey salami, turkey ham & mozzarella
 - o Fresh Fruit

- 10**
- bean & cheese pupusa
 - turkey & cheddar sandwich
 - o Fresh Fruit
 - o green beans
 - o baby carrots

- 17**
- chicken taco trio
 - greek garbanzo flatbread sandwich
 - o garbanzos, edamame, shredded carrot
 - o steamed corn

- 24**

WEDNESDAY

- 4**
- pepperoni pizza
 - egg salad sub
 - o garbanzos, edamame, shredded carrot
 - o Fresh Fruit

- 11**
- Veterans Day

- 18**
- veggie chili and seasoned rice
 - pizza
 - o Fresh Fruit
 - o green beans

- 25**

THURSDAY

- 5**
- Beef Cheeseburger
 - Garden Ranch Salad w/Chicken
 - o Chopped Romaine Lettuce
 - o Tomato Slices

- 12**
- Shredded BBQ Chicken Plate w/tangy beans & biscuit
 - ham cheese sub
 - o Fresh Fruit
 - o kidney, edamame, carrot, corn

- 19**
- Creamy Pasta Alfredo
 - pesto pasta w/chicken
 - o Chopped Romaine Lettuce
 - o Tomato Slices

- 26**

FRIDAY

- 6**
- crispy chicken sandwich
 - pesto pasta salad w.chicken
 - o Fresh Fruit
 - o Steamed carrots

- 13**
- Pizza Pie
 - sunbutter, jelly
 - o Fresh Fruit
 - o Cucumber slices

- 20**
- pizza
 - deli combo sandwich w.turkey salami, turkey ham & mozzarella
 - o Fresh Fruit
 - o Steamed carrots

- 27**

